

All belong, all achieve.

PE Kits and Timings for the Academic Year 2022-23

Dear Parents/Carers,

I am writing to inform you of the PE provision for this academic year. As has been the case in previous years, the **routines for morning and afternoon PE are slightly different** in order to maximise PE lesson time and reduce the amount of time that our younger children spend getting changed. Please see below:

For children in Years 1-4

- **If your child has a morning PE lesson**, we ask that children come to school in their PE kit, bringing in their school uniform to get changed into after their lesson ends. Children will remain in their school uniform until the end of the day.
- **If your child has an afternoon PE lesson**, we ask that children come to school in their school uniform, bringing in their PE kit to change into for their lesson. Children will remain in their PE kit until the end of the day. *Please ensure that your child has a coat or jacket to keep them warm as we approach the winter months.*

PE days and times can be found on page 2 of this letter.

For children in Years 5-6

In the interest of hygiene, and as our Year 5 and 6 children are older and can change quicker with more independence, **Year 5 and 6 children should come to school in school uniform, bringing in their PE kit on PE days** (irrespective of whether it is a morning or an afternoon lesson). They change both before and after the lesson. Year 5 and 6 children will therefore arrive at school and leave school in their school uniform. There are a couple of exceptions to this where Year 6 classes have PE either right at the start of the day or at the very end of the day - these are noted in the table on page 2 of this letter.

PE Kits

The Heber PE consists of a **plain white T shirt** (or a Heber Fun Run T shirt), **a pair of dark tracksuit bottoms/shorts** and **black trainers**. As we approach the winter months, we advise that children also have a plain jumper or tracksuit top for outdoor PE sessions.



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PE days for classes

Class	PE Times	Class	PE Times
1C	Indoor: Friday PM Outdoor: Wednesday AM	1H	Indoor: Wednesday PM Outdoor: Thursday AM
2LE	Indoor: Thursday PM Outdoor: Friday AM	2S	Indoor: Wednesday AM Outdoor: Thursday AM
3N	Outdoor: Double session, Thursday AM	3PT	Indoor: Monday PM Outdoor: Friday PM
4DJ	Indoor: Tuesday PM Outdoor: Thursday PM	4N	Indoor: Wednesday PM Outdoor: Thursday AM
5K	Indoor: Monday AM Outdoor: Friday AM	5W	Indoor: Tuesday AM Outdoor: Friday PM
6A	Indoor: Thursday AM Outdoor: Wednesday AM (early in the day - can come in wearing PE kit on Weds)	6F	Indoor: Wednesday PM (at the end of the day - can go home in PE kit) Outdoor: Friday AM

Thank you for your ongoing support of our PE curriculum,

Jason Elliott

Acting Deputy Headteacher and Curriculum Lead