



A Very Warm Welcome to
Heber Primary School
Nursery Information Meeting 2022

Welcome to Heber Primary School

This presentation aims to provide an introduction to Heber Primary School and includes initial information which we hope you will find useful. Should you have any further questions, staff will be happy to discuss these with you.

The information in this presentation will also be included in your 'Welcome to Nursery at Heber' handout.

The school website www.heberprimaryschool.com

**Please follow the school on Twitter 'Heber Primary School'
@heberschool**

**The Foundation Stage has our very own twitter. Follow us on
@Heber_FS**

Please take a look as it is kept up to date with the latest news and events and has lots more information about our school.

Staff in the Foundation Stage at Heber Primary School

Miss Cristina- Nursery Class Teacher

Karen Hailston- Early Years Practitioner

Tina Hobbs - Early Years Practitioner



Settling Timetable

Wednesday 29th June	Welcome Meeting for Parents / Carers Time: 3.45pm
Tuesday 28 th June / Thursday 30 th June / Tuesday 5 th July / Thursday 7 th July / Thursday 14 th July & Tuesday 19 th July	Stay & Play Sessions – Children and one parent/carer to attend. (Please call the school office w/c 6 th June to book your appointment.) Time: 1.45-2.30pm
Monday 5 th September – Thursday 8 th September	Your Child's Stay & Play Session and Parent Conferences is: TBC
Friday 9 th September	Full Time and Wednesday – Friday: Some children in these sessions will attend Nursery from 9am – 12pm. Specific dates/times for each child will be confirmed nearer the time.
Monday 12 th September	Full Time and Monday – Wednesday: Some children in these sessions will attend Nursery from 9am – 12pm. Specific dates/times for each child will be confirmed nearer the time.
Tuesday 13 th September	Full Time and Monday – Wednesday: Children in these sessions will attend Nursery from 9am – 1pm and will stay for lunch.
Wednesday 14 th September	Full Time Children in School All Day Monday – Wednesday Children 9am-12pm (No Lunch) Wednesday – Friday Children in school 12.30 – 3.30pm. (No Lunch)
Thursday 15 th September	Full Time Children in School All Day Wednesday – Friday Children in school 9am – 1pm and will stay for lunch.
Friday 16 th September	Children in School for Normal Sessions

Beginning and End of the Day

The Nursery day begins at **9.00am**. As a school, we stress the importance of punctuality and ask that your child is brought by an adult to the **Jennings Road gate** for **8.55am** as the door will be opened just before **9.00am**.

The children will be greeted by the Nursery team and walked down to the Nursery classroom. We kindly ask parents to stay at the gates in the morning and let the staff bring the children safely into the classroom.

You need to collect your child from the Nursery classroom at **3.30pm**. If someone other than yourself is picking your child up, please inform the class teacher in the morning; we will not allow children to leave with another person without authorisation. If your child has not been collected by **3.40pm**, they will be taken to the office to wait.

Daily Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-9.10	Arrive self registration				
9.10-9.25	Carpet input				
9.25- 11.20	Guided activity and free flow play				
11.20-11.30	Phonics	Phonics	Phonics	Phonics	Phonics
11.30-12.30	Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime
12.30-12.45	carpet input				
12.45-3.05	Guided activity and free flow play				
3.05-3.20	Story/singing time. Get ready to go home				

Clothing

Clothing: We encourage you to provide your child with the Heber school uniform which is available to buy from the office. The blue sweatshirts and white polo shirts are to be worn with grey trousers, skirts or dresses. Children may wear grey shorts or a blue gingham dress in the Summer

The P&F do regular second hand sales throughout the year!

Please ensure that all clothing that your child wears or brings into school, is clearly named. All prices subject to change.

Sweat shirts £ 7.70

Cardigans £10.50

White polo shirts £ 6.50

School book bag £4.50

Fleece £11.50

Food and Drink

Lunch: At lunchtime your child can have a packed lunch prepared at home and brought into school, or a school dinner. Lunchtime is between 11.30am-12.00pm. During this time, the children can eat lunch and play with their friends.

On Wednesday half day the children will not have lunch if they are finishing at 12pm.

There will be a selection of different meals available each day for your child to choose from. Vegetarian options are always available. Please let us know if your child has any other dietary restrictions or requirements.

Packed lunches should support our school's healthy eating policy. Please note that our school is a 'nut free' zone which means that all types of nuts are banned. Also note that FIZZY DRINKS/SWEETS/CHOCOLATE are not allowed in school lunches.

Snacks: Children will receive a free piece of fruit during the day.

Drinks: Water is available throughout the day, including lunchtimes. Children can also bring a drink to school – remembering that no fizzy drinks are allowed.

Health

Health: Staff need to be aware of your child's medical background, in particular any allergies (e.g. bee stings, dairy food), any dietary restrictions (e.g. vegetarian or Halal) and any medical conditions that are important for us to know (e.g. asthma or eczema).

Children can suddenly become ill and therefore it is important that we know we can contact you or another adult relative/friend at all times. Please ensure that the school is kept up to date with your contact details. If your child is unable to attend school due to illness, please telephone the school office to let us know.

We follow NHS guidelines as to when a child should return to school after an illness to prevent the illness from spreading. For example, a child who has diarrhoea or vomits should only return to school 48 hours after the symptoms have gone. Please refer to the NHS guidelines or speak to the school office for assistance.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Early Years Curriculum

Activities in Nursery are carefully planned and organised in order to provide a range of learning experiences. Individual records are kept by staff to record the activities your child participates in and undertakes, as well as their progress in specific skills. Planning for each half term is carried out using a theme-based approach, following the children's interests and responding to specific events.

There are 7 Areas of Learning in the Early Years Foundation Stage (EYFS), which activities are planned around:

- **Personal, Social and Emotional Development**
- **Physical Development**
- **Communication and Language**
- **Literacy**
- **Mathematics**
- **Understanding the World**
- **Expressive Arts and Design**

Throughout the EYFS, children will be working towards developmental statements in the Foundation Stage Curriculum. These describe the level of attainment expected at the end of your child's Nursery year in school.

Early Years Curriculum

Settling into Nursery is an important process and can take time depending on your child's needs.

We place a high importance on forming relationships with the children and increasing their independence.

In preparation we ask that children practise their toileting skills and begin to attempt to put on their own shoes and coats.

These are important milestones that we will also will be focusing on.

Learning Journeys

Throughout the year, staff will record your child's learning in their own Learning Journey book. This will form a unique record of your child's learning and development. It will contain samples of work, photographs and staff observations. These folders enable staff to track your child's progress and attainment, and also plan future activities.

We value parent's views on how your child is progressing and to support this we encourage you to fill in 'WOW' vouchers that are added to your child's Learning Journey books.

Outdoor Learning

At Heber the children will participate in outdoor learning sessions. This will take place at the Allyn's playing field. During the outdoor learning sessions, the children will have the opportunity to experience nature and the outdoor environment in a safe, secure and hands on way. The children will be exploring, playing and problem solving to encourage learning using a range of activities.

We will need parents to accompany us on the outdoor learning sessions so please tell a member of staff if you will be available to assist with any of the sessions.

For the outdoor learning sessions your child will need

- T shirt
- Trousers
- Wellies/ old trainers
- Waterproof jacket
- Sun hat

Home and Nursery Links

We place high value on the relationship between home and school. Early years staff would love to hear about what you and your child have been doing at home. We encourage you to share your child's learning, achievements and experiences with staff, as this helps build a more complete picture of your child.

We would love for you to be involved in some activities such as:

- Reading at home with your child
- Keeping up to date with Google Classroom for any class messages.
- Singing Nursery rhymes and number songs

Housekeeping

- **Contact Details** – These need to be kept up to date. If you change your phone number or address, please remember to let us know. Please give us as many contact numbers as you need to.
- **Adults Permitted to Collect**- Children will only be sent home with the adults that you have given permission to collect. If somebody different is collecting your child you need to let us know. Please do not be offended if we do not send your child home with someone other than the named adults. If we do not recognise the person collecting your child (regardless of how familiar they seem to be to your child) we will phone you first.
- **How to contact teachers:** To contact your child's teacher, please contact the school office and we will pass a message to the teacher to get back to you.
- **Office Hours:** The school office is open for phone and email queries from 8.30am - 4.30pm.
- **Meals:** School meals are heavily subsidised for pupils in Nursery. We offer a healthy school meal with a vegetarian option. More to follow on our caterers.
- **Allergies** – This is a nut free school – all school meals are nut free. If you are sending your child in with a packed lunch make sure that there are no nuts/products that contain nuts in school. We have children with a whole range of allergies. In some cases these are very severe allergies. For this reason, we do not allow birthday cakes to be sent in on children's birthdays.

Housekeeping

- **Requests for holidays** – Requests to take children out of school need to be sent to the headteacher, via the school office. Please also ensure all medical, dental etc. appointments for children are made outside of school hours.
- **Uniform:** Uniform can be ordered via ParentPay from the end of August and can be collected before the start of term. Further information will be sent later in the Summer.
- **ParentPay:** ParentPay is our safe and secure platform for online payments to the school. All new parents will be contacted by email over the Summer and asked to activate their ParentPay accounts to enable the ordering of uniform as well as other items in the future.
- **30 Hours Free Childcare Code:** If you have not already done so, please apply for your 30 Hours Free Childcare Code and once received, please send me your code. **We must receive your code by Friday 8th July.**
<https://www.gov.uk/apply-30-hours-free-childcare>
- **ICT - Acceptable Use Policy** - Please refer to the letter and complete the attached form.

Welcome to
Caterlink
WE ARE WORKING IN
PARTNERSHIP WITH
HEBER PRIMARY SCHOOL

FRESH FOOD



Fresh Food 95% of our dishes are made from scratch on-site. Exceeding the Food For Life Standard by 20%.

PLASTIC REDUCTION PLEDGE



Since 2019 we have been cling film free! We have removed single use plastic in our kitchens

LOCAL SOURCING



We source all of our fresh ingredients including meat, fruit and vegetables and dairy products from local suppliers

HEALTHY EATING INITIATIVES



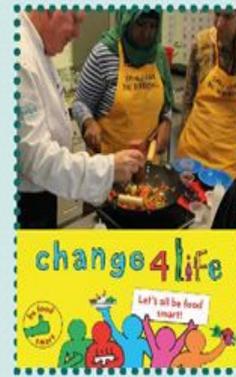
We have increased sustainability in our menus with increased plant-based recipes & Meat Free Mondays

SUGAR REDUCTION



We have developed fantastic low sugar dessert recipes, far exceeding the Government guidelines!

HEALTHY LIFESTYLE



Healthy Living Programmes Collaborating on local health initiatives such as parent cookery lessons

ADDED BENEFITS



Assemblies, Cookery Lessons, Safety in the Kitchen Skills, Taste & Sensory Session

Food Allergies

If your child has a food related allergy or intolerance, it is imperative that you provide confirmation from a medical professional to allow our caterers to produce a tailored menu for your child.

Without this confirmation, they are unable to tailor a specific menu for your child, and cannot guarantee that they won't be exposed to the food type they are allergic to.

Please send documentation to adminoffice@heber.southwark.sch.uk or bring it to the school office.

HEBER
PRIMARY SCHOOL

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T: 020 8693 2075
F: 020 8298 0239
E: adminoffice@heber.southwark.sch.uk
www.heberprimaryschool.com
@heberschool

All belong, all achieve.

**Child Food Allergies and Intolerances
Parent / Carer Confirmation**

Child's Name _____

Class _____

Food your child is allergic to (Please list all foods if more than one)

Please tick one of the following boxes:

I would like the school caterers to develop a tailored menu for my child, eliminating foods to which they are allergic / intolerant. I have already provided or can provide medical evidence of their food allergy / intolerance

My child can have access to the full menu, and I understand that there is a small risk of them having access to foods to which they have an allergy or intolerance

My child will bring a packed lunch to school and I do not wish the school to provide food for my child

Please add any further comments here: _____

Signed (parent/carer): _____

Date: _____



Thank you and we look forward to welcoming your child to the Heber community.