Heber Autumn/ TUESDAY WEDNESDAY THURSDAY **FRIDAY** MONDAY Winter 2023/ 24 **WEEK ONE** Roast of the Day, Stuffina Spaghetti Bolognaise with Fishfingers with Chips & Cheese and Tomato Chicken Pie with Option one Roast Potatoes & Gravv Garlic Bread Tomato Sauce Pizza with Pasta Salad Mashed Potatoes 📢 30/10/2023 Veg Wellington, Stuffing, Veggie Bolognaise Cheesy Bean Pasty with **NEW** Chef Mariam's 20/11/2023 Roast Potatoes & Gravy Option two Macaroni Cheese with Garlic Bread A Chips & Tomato Sauce Vegetable Couscous 11/12/2023 15/01/2024 Vegetables Vegetables of the Day Vegetables of the Day 05/02/2024 Vegetables of the Day Vegetables of the Day Vegetables of the Day 04/03/2024 25/03/2024 Freshly Chopped **NEW** Jam and Coconut Oaty Cookie Yoahurt and Fruit Bar Dessert **NEW** Carrot Cake Fruit Medley A Sponge **WEEK TWO** Chef Shilpa's Chicken Fishfingers with Chips Chicken Sausage in a Roll Option one Tomato Pasta 🦯 Korma with Rice & Tomato Sauce with Potato Wedges A choice of BBQ or 06/11/2023 Cheese Omelette with Lemon & Herb Chicken Cheesy Swirl with New Veggie Meatballs in **NEW** Loaded Jackets Option two Chips & Tomato Sauce 27/11/2023 or Vegan Quorn, with Potatoes Tomato Sauce with Rice Seasoned Potatoes and 18/12/2023 Salads 22/01/2024 Vegetables of the Day Vegetables Vegetables of the Day Vegetables of the Day 19/02/2024 Vegetables of the Day Vegetables of the Day 11/03/2024 Apple Crumble with Chocolate Drizzle Cake with Dessert Fruit Medley Vanilla Shortbread Yoahurt and Fruit Bar Chocolate Sauce Custard NEW Mexican Beef 🔷 A choice of Burger Fishfingers or Salmon Chicken Sausages, Onions WEEK THREE A choice of with Rice (Beef & Bean or Fishcake with Chips & and Gravy with Roast Option one Tomato or BUILD A Vegan) with Tomato Sauce **Potatoes** BURGER Carbonara Toppinas and Vegetable Fajitas Veggie Sausages, BBQ Quorn Fillet Pasta with ڃ Potato Wedaes Onions and Gravy with with Rice 13/11/2023 Option two **Toppings** with Chips Roast Potatoes 04/12/2023 08/01/2024 Vegetables of the Day Vegetables Vegetables of the Day Vegetables of the Day Vegetables of the Day Vegetables of the Day 29/01/2024 26/02/2024 **NEW** Chocolate Peach Upside Down Iced Sponge Fruit Platter **NEW** Melting Moment Dessert 18/03/2024 Orange Cookie 🧥 Cake with Custard **Biscuit** ALLERGY INFORMATION: MENU KEY Added Plant Power Wholemeal Vegan Chef's Special If you would like to know about particular allergens in foods please Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection to complete a form to ensure we have the necessary information

ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



