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The Epic Cross-Country Showdown!

Issue number: 25 Friday 3rd May 2024

On Friday, April 26th, we unleashed the mighty force of 48 runners to conquer the Dulwich Hamlet cross country races. The challenge - 8 other schools, 350 runners, and more adrenaline than a rollercoaster ride.

From Year 3 girls to Year 6 boys, we had races for everyone. The competition was fierce! The line-up included The Belham, Dulwich Hamlet (of course), Garden House, Rosemead, Lyndhurst, Charles Dickens, Oakfield, Streatham Wells, and, of course, the powerhouse of sportsmanship, Heber.

Now, despite the "forced march" down to Dulwich (we promise it wasn't as grim as it sounds), our Heber squad was buzzing with energy. These races hadn't happened since the pre-Covid era, so you can imagine the excitement levels!

As the starting pistol cracked through the air (well someone blew a whistle), our Heber heroes dashed across the open grasslands like gazelles in trainers. It is a tough event with hundreds of supporters shouting from the side. Out of the nine schools, Heber proudly clinched fifth place overall. But wait, there's more! Let's give a round of applause to our shining stars: the Year 4 girls, who nabbed 4th place, the Year 3 boys, securing a solid 2nd place, and hold onto your hats, the magnificent Year 5 girls who soared to victory, claiming the first spot!

But the magic of Heber isn't just about winning; it's about heart and team spirit. Take a moment to salute Luna, Swizz, and Janet from the Year 6 team, who, in a moment of pure Heber pride, crossed the finish line hand in hand. Now that's what we call teamwork!

A great chapter in the Heber saga of sportsmanship and resilience. Until next time, keep running, keep smiling, and keep that Heber spirit alive and kicking!

Mr Neve-Dunn







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Meet the Travel Agents

Year 4 Immersion Day

Year 4's new topic is 'What makes living in Europe special?'. To begin the topic, we decided to take advantage of the wonderful community we have at Heber School, and invited in parents and staff who are either from another country in Europe, or who have lived in or have an affinity with another country in Europe. We were very lucky to have parents and staff come in representing Serbia, Albania, Romania, Italy, France, Germany, Netherlands, Northern Ireland, Spain and Austria. The children were told that for their Summer holidays this year, they could choose one country in Europe to visit! They went from travel agent to travel agent in small groups asking open ended questions to find out as much as they could. The children loved the experience and learnt just how diverse the wonderful continent of Europe is. A big thank you to all the parents and staff who went to such great effort to put together slideshows, to bring in photographs and souvenirs from home and to give up their time and to be so patient and enthusiastic with the children. It is really appreciated and gave the children a great start to their new topic.

Transition Support for Children Moving Up to a New School

We are pleased to bring to your attention new NHS school and parent resources to ease moving up transitions with a focus on raising children's emotional wellbeing.

inourplace.co.uk/moving-up/ is an NHS parent portal for:

- easy-to-follow video resources for parents to help support emotional wellbeing during school transitions: with insights from Headteacher of Balsall Common Primary School and NHS Consultant Clinical Psychologist (as well as children sharing their thoughts!).
- online learning and resources with tailored material for supporting children with additional needs and considerations
- signposts for practical support and ideas to ensure smooth transitions, including information on mobile phone use and technology.
- extensive additional e-learning content for parents on childhood development and emotional health from 0-19+

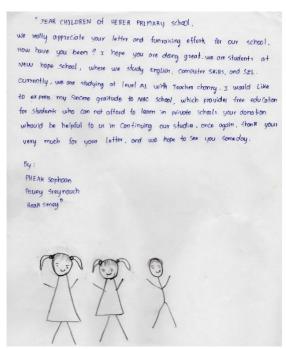
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School Council – New Hope Cambodia

This year we are raising money for New Hope School in Cambodia. Some of you might have been watching the most recent series of Race Across the World, and seen the contestants travelling across Cambodia. Or perhaps you have even visited the country yourself. If you have, you will know what a beautiful country it is. However, it has had a very troubled history and was badly affected by the Covid-19 pandemic. Around a third of the population are under the age of 16 and need financial aid to help them attend school. Amongst other amazing initiatives that they offer, New Hope Cambodia offers free schooling in Siem Reap to some of the poorest children in the country... but they need help!

The School Council has two big ideas for fundraising events coming up - details will be in a future edition. Meanwhile the School Council have been writing letters to the children at New Hope School to find out more. This is what they heard back from the students at New Hope Cambodia:



DEAR HEBER PRIMARY SCHOOL CHILDREN !! Thank you for your writing us the letter and your fund talking! are We-from Siem Reap , Cambodia and we from New Hope T mans 4n Khow you about New Hepe Cambodia. New Hope Cambodio is a place that me study and we have fun in here too. And Also we study in new hope cambodia for a period felled with experiences, growth in Look forward to hearing back from you Sincerely yours, Thank you! !! by: Panha Piseth, Chheng Sophat, Jin Thanan. NEW Hope CAMBDIA

Tuesday 26 March 2024

Stars of the Week

Congratulations to the following children who were chosen as the Star of the Week for demonstrating our school values this week:

RH	Alex and Mila	RP	Xanthe
1C	Damilola	1V	Olivia
2H	Oliver	2JP	Heidi
3N	Ava	3W	Cora
4LC	Monty	4S	Arthur
5G	Miley	5K	Thomas
6A	Kai	6F	Liam

Academic Excellence Awards

This week in our Merit Assembly we celebrated the successes of a child from each class, who excelled in their learning and produced some outstanding work. Well done to the following children:

RH	Isaac	RP	Juliana
1C	Rafferty	1V	Nathan
2H	Mania	2JP	Lucia
3N	Bruno	3W	Anna
4LC	Emily	4S	Kayden
5G	George	5K	Louie
6A	Baxter	6F	Emily



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The Sandpit is Back!

We would like to say a huge thank you to the team of volunteers who spent the weekend weeding, cleaning and planting in our Nursery playground. It looks amazing and the children and staff are thrilled to have the sandpit open for the summer term. The children are already getting the most out of it... when it's not raining! Bring on the sunshine!





Upcoming Parent Workshop

Just a reminder that on Wednesday 8th May, we are offering a mental health awareness session to all parents. The workshop will be about how to support your children with their wellbeing. We will discuss how to introduce mental health topics of conversation in an age-appropriate way and it will explore the way that mental health and emotions are talked about and supported within the school. We will offer advice and support on how parents can support their children's wellbeing at home. It would be great to see you there for what we know will be an interesting and informative session. If you are interested please sign up here:

https://forms.gle/X4cKsfs9xAYieEyy9

This Week in Art

All the children in the school have now 'fingerprint' signed the Heber Charter, resulting in a beautiful rainbow display in the entrance

Year 3 did some fabulous watercolour painting in preparation for their Jungle paintings.

Year 5 created some interesting designs for the Nature ink print tiles.

5G were pleased we just missed the rain and managed to have our turn sketching in Dulwich Park.







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House Points	Rigal	Mycroft	Valdez	Ndume
	AIGAL	PULLS THE COUNTS UP		MOLIME
This Week	511	519	517	513
Total	1757	1760	1758	1763

	May	
Monday 6 th	Early May Bank Holiday – School closed	
Tuesday 7 th	Class Assembly – 2H (9:15am)	
Wednesday 8 th	Parent/carer workshop – Supporting Your Child's Mental Health (9:10am)	
Monday 13 th – Thursday 16 th	Key Stage 2 SATs tests	
Tuesday 14 th	3W - Kew Gardens	
Wednesday 15 th	Nursery visiting Forest Hill Fire Station	
Friday 17 th	International Evening (4:00pm – 7:00pm)	
Monday 20 th – Friday 24 th	Careers Week Year 6 Bikeability	
Tuesday 21 st	Class Assembly –1C (9:15am)	
Wednesday 22 nd	School photography day – Class photos	
Friday 24 th	Non uniform day – School Council fundraiser for New Hope Cambodia	
	Half Term Monday 27 th – Friday 31 st May	
	June	
Monday 3 rd	2H – Horniman Museum	
Tuesday 4 th	1V – London Eye 2JP – Horniman Museum	
Thursday 6 th	1C – London Eye	
Monday 10 th – Friday 14 th	STEAM Week	
Tuesday 11 th	4S – London Wetlands Class Assembly – RH (9:15am)	
Sunday 16 th	P&F Fun Run	
Monday 17 th – Friday 21 st	Year 6 School Journey - Oakerwood	
Tuesday 18 th	4LC – London Wetlands Class Assembly – RP (9:15am)	
Friday 21st	INSET Day – School closed	
Friday 28 th	Get Rid of and Donate	